2020 Premera Medicare Advantage Plan Information

Thank you for your interest in applying for the Premera Medicare Advantage plan. Below are links to the items which are part of the Enrollment Packet you would receive if we were to mail it to you. Please take note and make sure to review the information. You will be receiving an "Enrollment Verification Call" from Premera within 7 days of the application receipt.

Enrollment Packet – click links below to view the information
Star Rating: Premera / Soundpath Download Application Summary of Benefits Provider Search Pharmacy Search Formulary

Initial Enrollment Period (IEP)
If you are new to Medicare, you can enroll during your Initial Enrollment Period (IEP); the three months before, the month of, and the three months after your Part B effective date. Once you have been enrolled in a Medicare Plan, you can only make changes during the Annual Enrollment Period (AEP). Please be aware of the AEP dates are now October 15th to December 7th. This will give you a January 1st effective date for your new plan.
Annual Enrollment Period (AEP)
Applications must be signed and dated on, or between October 15th and December 7th. *If they are signed prior to October 15th they will be returned to you with a new application.* If they are received after December 7th, you will not be able to change plans until the next AEP for January of the following year.
Special Enrollment Period (SEP)
There are a number of reasons for Special Enrollments; Loss of a job that provides benefits, death of a spouse who's plan provided benefits, moving to an area where your old plan is not available, etc…

Once you submit your application to us, we will review your application for completeness and accuracy before we submit it to the company. You may fax, upload, email or mail your application in to CDA Insurance:

CDA Insurance LLC PO Box 26540 Eugene, Oregon 97402	Fax: 1.541.284.2994 or 888.632.5470 Secure File Upload: Click here Email: cs@cda-insurance.com

If you should have any questions on the application, please call a licensed insurance agent at 1.800.884.2343 or 1.541.434.9613. Our website: https://medicare-washington.com

Y0062_MULTIPLAN_CDA INSURANCE Washington 2020

2020 summary of benefits

Y0134_PBC2102_M
037040 (10-01-2019)

PREMERA BLUE CROSS
An Independent Licensee of the Blue Cross Blue Shield Association

2020 summary of benefits

PREMERA BLUE CROSS MEDICARE ADVANTAGE CORE (HMO) H7245-006
PREMERA BLUE CROSS MEDICARE ADVANTAGE CORE PLUS (HMO) H7245-008
PREMERA BLUE CROSS MEDICARE ADVANTAGE (HMO) H7245-001
PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC (HMO) H7245-002
PREMERA BLUE CROSS MEDICARE ADVANTAGE TOTAL HEALTH (HMO) H7245-005
PREMERA BLUE CROSS MEDICARE ADVANTAGE PEAK + Rx (HMO) H9302-011
PREMERA BLUE CROSS MEDICARE ADVANTAGE SOUND + Rx (HMO) H9302-007
PREMERA BLUE CROSS MEDICARE ADVANTAGE ALPINE (HMO) H9302-004
PREMERA BLUE CROSS MEDICARE ADVANTAGE CHARTER + Rx (HMO) H9302-003
PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC PLUS (HMO) H7245-003

This is a summary of drug and health services covered by Premera Blue Cross Medicare Advantage Core (HMO), Premera Blue Cross Medicare Advantage Core Plus (HMO), Premera Blue Cross Medicare Advantage (HMO), Premera Blue Cross Medicare Advantage Classic (HMO), Premera Blue Cross Medicare Advantage Total Health (HMO), Premera Blue Cross Medicare Advantage Peak + Rx (HMO), Premera Blue Cross Medicare Advantage Sound + Rx (HMO), Premera Blue Cross Medicare Advantage Alpine (HMO), Premera Blue Cross Medicare Advantage Charter + Rx (HMO), and Premera Blue Cross Medicare Advantage Classic Plus (HMO) January 1, 2020 to December 31, 2020.

Premera Blue Cross Medicare Advantage Core (HMO), Premera Blue Cross Medicare Advantage Core Plus (HMO), Premera Blue Cross Medicare Advantage (HMO), Premera Blue Cross Medicare Advantage Classic (HMO), Premera Blue Cross Medicare Advantage Total Health (HMO), Premera Blue Cross Medicare Advantage Peak + Rx (HMO), Premera Blue Cross Medicare Advantage Sound + Rx (HMO), Premera Blue Cross Medicare Advantage Alpine (HMO), Premera Blue Cross Medicare Advantage Charter + Rx (HMO), and **Premera Blue Cross Medicare Advantage Classic Plus (HMO)** are plans with a Medicare contract. Enrollment in these plans depends on contract renewal.

The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please request the "Evidence of Coverage" by calling customer service or accessing it on our website: **premera.com/ma**.

To join **Premera Blue Cross Medicare Advantage Core (HMO), Premera Blue Cross Medicare Advantage Core Plus (HMO), Premera Blue Cross Medicare Advantage (HMO), Premera Blue Cross Medicare Advantage Classic (HMO), Premera Blue Cross Medicare Advantage Total Health (HMO), Premera Blue Cross Medicare Advantage Peak + Rx (HMO), Premera Blue Cross Medicare Advantage Sound + Rx (HMO), Premera Blue Cross Medicare Advantage Alpine (HMO), Premera Blue Cross Medicare Advantage Charter + Rx (HMO),** or **Premera Blue Cross Medicare Advantage Classic Plus (HMO)**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following counties in Washington: King, Pierce, Snohomish, Thurston, Lewis, Whatcom, Skagit, San Juan, Island, Spokane, Stevens, and Walla Walla.

If you use providers that are not in our network, we may not pay for these services.

For coverage and costs of Original Medicare, look in your current "**Medicare & You**" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227). TTY/TDD users should call 1-877-486-2048.

This document is available in other formats, including Braille and Spanish.

For more information, please call us at 888-850-8526 (TTY/TDD: 711), or visit us at **premera.com/ma**. Representatives are available October 1 – March 31, 8 a.m. to 8 p.m., 7 days a week, and April 1 – Sept 30, 8 a.m. to 8 p.m., Monday through Friday.

PREMIUM AND BENEFITS	Counties: Skagit, Whatcom, San Juan, Island, Walla Walla PREMERA BLUE CROSS MEDICARE ADVANTAGE CORE (HM0)	Counties: Skagit, San Juan, Island, Walla Walla PREMERA BLUE CROSS MEDICARE ADVANTAGE CORE PLUS (HM0)
Monthly Plan Premium	You pay $12 per month. You must continue to pay your Medicare Part B premium.	You pay $75 per month. You must continue to pay your Medicare Part B premium.
Deductible	No deductible.	No deductible.
Part D Deductible	$300 per year for Part D prescription drugs except for drugs listed on Tier 1 and Tier 2, which are excluded from the deductible.	$180 per year for Part D prescription drugs except for drugs listed on Tier 1, Tier 2, and Tier 3 which are excluded from the deductible.
Maximum Out-of-Pocket Responsibility (does not include prescription drugs)	You pay no more than $6,300 annually. Includes copays and other costs for medical services for the year.	You pay no more than $5,000 annually. Includes copays and other costs for medical services for the year.
Inpatient Hospital Coverage	You pay $450 copay per day for days 1–4. You pay $0 copay per day for days 5 and beyond. **Prior Authorization rules may apply.**	You pay $450 copay per day for days 1–4. You pay $0 copay per day for days 5 and beyond. **Prior Authorization rules may apply.**
Outpatient Hospital Coverage	You pay 20% of the total cost for each Medicare-covered outpatient hospital surgery. **Prior Authorization rules may apply.**	You pay a $350 copay for each Medicare-covered outpatient hospital surgery. **Prior Authorization rules may apply.**
Ambulatory Surgery Center	You pay 15% of the total cost for each Medicare-covered ambulatory surgical center visit.	You pay a $250 copay for each Medicare-covered ambulatory surgical center visit.
Doctor Visits Primary Care Providers Specialists	 You pay $15 copay per visit. You pay $45 per visit (referral required). **Please note**: Additional 15% coinsurance may apply if minor surgeries or other procedures are performed by the physician in an office setting.	 You pay $5 copay per visit. You pay $30 per visit (referral required).
Preventive Care (such as flu vaccine, diabetic screenings)	You pay nothing. Other preventive services are available. There are some covered services that have a cost.	You pay nothing. Other preventive services are available. There are some covered services that have a cost.

PREMIUM AND BENEFITS	Counties: Skagit, Whatcom, San Juan, Island, Walla Walla PREMERA BLUE CROSS MEDICARE ADVANTAGE CORE (HM0)	Counties: Skagit, San Juan, Island, Walla Walla PREMERA BLUE CROSS MEDICARE ADVANTAGE CORE PLUS (HM0)
Emergency Care	You pay a $90 copay per visit. Waived, if you are admitted to the hospital within 24 hours. Includes worldwide coverage.	You pay a $90 copay per visit. Waived, if you are admitted to the hospital within 24 hours. Includes worldwide coverage.
Urgently Needed Services	You pay a $50 copay per visit. Includes worldwide coverage.	You pay a $50 copay per visit. Includes worldwide coverage.
Diagnostic Services/Labs/ Imaging		
Diagnostic tests and procedures	You pay 20% of the total cost.	You pay 20% of the total cost.
Lab services	You pay a $20 copay per day.	You pay a $10 copay per day.
Outpatient x-rays	You pay a $20 copay per day.	You pay a $10 copay per day.
Therapeutic radiology services (such as radiation treatment for cancer)	You pay 20% of the total cost. If your doctor provides additional services, a separate cost-sharing amount may apply. **Prior Authorization rules may apply.**	You pay 20% of the total cost. If your doctor provides additional services, a separate cost-sharing amount may apply. **Prior Authorization rules may apply.**
Hearing Services		
Medicare-covered hearing exam	You pay a $45 copay per visit.	You pay a $0 - $30 copay per visit.
Routine hearing exam	Not covered.	You pay a $0 - $30 copay for one routine hearing exam per calendar year.
Hearing aid	Not covered.	You pay a $0 copay. There is a $1,000 annual allowance per ear toward the purchase of hearing aids.

PREMIUM AND BENEFITS	Counties: Skagit, Whatcom, San Juan, Island, Walla Walla PREMERA BLUE CROSS MEDICARE ADVANTAGE CORE (HM0)	Counties: Skagit, San Juan, Island, Walla Walla PREMERA BLUE CROSS MEDICARE ADVANTAGE CORE PLUS (HM0)
Dental Services		
Medicare-covered dental services	You pay a $45 copay per visit.	You pay a $30 copay per visit.
Routine dental services	For dental services (routine), see "Optional supplemental dental benefit" section later in the booklet.	You pay a $0 copay for routine dental services. • Routine comprehensive or periodic oral exams–two per calendar year. • Any combination of routine cleaning and periodontal maintenance–limited to two per calendar year. • Fluoride treatment– once per calendar year. • Bitewing x-ray–up to one set of four bitewing x-rays every year. • Panoramic or complete series x-ray–once every 60 months. • Limited emergency exam–limited to once per calendar year. • Emergency palliative treatment of dental pain. • Periapical x-rays. • $200 towards additional diagnostic, preventive, basic and major restorative services.
Vision Services		
Medicare-covered vision exam	You pay a $0 - $45 copay for each Medicare-covered exam to diagnose and treat diseases and conditions of the eye.	You pay a $0 - $30 copay for each Medicare-covered exam to diagnose and treat diseases and conditions of the eye.
Medicare-covered vision hardware	You pay a $0 copay for one pair of Medicare-covered eyeglasses or contact lenses after each cataract surgery.	You pay a $0 copay for one pair of Medicare-covered eyeglasses or contact lenses after each cataract surgery.

PREMIUM AND BENEFITS	Counties: Skagit, Whatcom, San Juan, Island, Walla Walla PREMERA BLUE CROSS MEDICARE ADVANTAGE CORE (HM0)	Counties: Skagit, San Juan, Island, Walla Walla PREMERA BLUE CROSS MEDICARE ADVANTAGE CORE PLUS (HM0)
Routine vision exam	You pay a $45 copay for one routine vision exam per calendar year for the purposes of obtaining eyeglasses or contact lenses.	You pay a $20 copay for one routine vision exam per calendar year for the purposes of obtaining eyeglasses or contact lenses.
Routine vision hardware	Not covered.	There is a $150 benefit limit for routine eyeglasses (lenses and frames) or contact lenses per calendar year.
Mental Health Services		
Inpatient mental health care	You pay a $390 copay per day for days 1–4. You pay a $0 copay per day for days 5–90.	You pay a $390 copay per day for days 1–4. You pay a $0 copay per day for days 5–90.
Outpatient mental health care	You pay a $40 copay for each Medicare-covered individual or group therapy visit. **Prior Authorization rules may apply.**	You pay a $40 copay for each Medicare-covered individual or group therapy visit. **Prior Authorization rules may apply.**
Skilled Nursing Facility	You pay a $0 copay per day for days 1–20. You pay a $160 copay per day for days 21–60. You pay a $0 copay per day for days 61–100. **Prior Authorization rules may apply.**	You pay a $0 copay per day for days 1–20. You pay a $160 copay per day for days 21–60. You pay a $0 copay per day for days 61–100. **Prior Authorization rules may apply.**
Physical Therapy	You pay a $40 copay per visit.	You pay a $20 copay per visit.
Ambulance	You pay a $300 copay each way for Medicare-covered ambulance transport. **Prior Authorization rules may apply.**	You pay a $300 copay each way for Medicare-covered ambulance transport. **Prior Authorization rules may apply.**
Transportation	Not covered.	Not covered.
Medicare Part B Drugs	You pay 20% of the total cost for Medicare-covered Part B chemotherapy drugs and other Part B drugs. **Prior Authorization rules may apply.**	You pay 20% of the total cost for Medicare-covered Part B chemotherapy drugs and other Part B drugs. **Prior Authorization rules may apply.**

Counties: Skagit, Whatcom, San Juan, Island, Walla Walla				
PREMERA BLUE CROSS MEDICARE ADVANTAGE CORE (HM0)				
PRESCRIPTION DRUG BENEFITS (PART D)				
Deductible Phase	During this stage, you pay the full cost of your Tier 3, 4, and 5 drugs. You stay in this stage until you have paid $300 for your Tier 3, 4, and 5 drugs.			
Initial Coverage Phase - You stay in the Initial Coverage Stage until your total drug costs for the year reach $4,020.				
	Preferred Retail Cost-sharing (in-network) (up to a 30-day supply)	Standard Retail Cost-sharing (in-network) (up to 30-day supply)	Mail Order Cost-sharing (90-day supply)	Long-Term Care Cost-sharing (up to a 31-day supply)
Tier 1: Preferred Generic	You pay a $4 copay.	You pay a $15 copay.	You pay a $8 copay.	You pay a $15 copay.
Tier 2: Generic	You pay a $12 copay.	You pay a $20 copay.	You pay a $36 copay.	You pay a $20 copay.
Tier 3: Preferred Brand	You pay a $42 copay.	You pay a $47 copay.	You pay a $126 copay.	You pay a $47 copay.
Tier 4: Non-Preferred Drugs	You pay 33% of the cost.	You pay 33% of the cost.	You pay 33% of the cost.	You pay 33% of the cost.
Tier 5: Specialty	You pay 27% of the cost.	You pay 27% of the cost.	Not offered.	You pay 27% of the cost.

Counties: Skagit, San Juan, Island, Walla Walla				
PREMERA BLUE CROSS MEDICARE ADVANTAGE CORE PLUS (HM0)				
PRESCRIPTION DRUG BENEFITS FOR (PART D)				
Deductible Phase	During this stage, you pay the full cost of your Tier 4 and 5 drugs. You stay in this stage until you have paid $180 for your Tier 4 and 5 drugs.			
Initial Coverage Phase - You stay in the Initial Coverage Stage until your total drug costs for the year reach $4,020.				
	Preferred Retail Cost-sharing (in-network) (up to a 30-day supply)	Standard Retail Cost-sharing (in-network) (up to 30-day supply)	Mail Order Cost-sharing (90-day supply)	Long-Term Care Cost-sharing (up to a 31-day supply)
Tier 1: Preferred Generic	You pay a $2 copay.	You pay a $12 copay.	You pay a $0 copay.	You pay a $12 copay.
Tier 2: Generic	You pay a $10 copay.	You pay a $20 copay.	You pay a $30 copay.	You pay a $20 copay.
Tier 3: Preferred Brand	You pay a $40 copay.	You pay a $47 copay.	You pay a $120 copay.	You pay a $47 copay.
Tier 4: Non-Preferred Drugs	You pay 33% of the cost.	You pay 33% of the cost.	You pay 33% of the cost.	You pay 33% of the cost.
Tier 5: Specialty	You pay 29% of the cost.	You pay 29% of the cost.	Not offered.	You pay 29% of the cost.

Counties: Skagit, Whatcom, San Juan, Island, Walla Walla	Counties: Skagit, San Juan, Island, Walla Walla
PREMERA BLUE CROSS MEDICARE ADVANTAGE CORE (HM0)	**PREMERA BLUE CROSS MEDICARE ADVANTAGE CORE PLUS (HM0)**
Cost-sharing may change depending on the pharmacy you choose and when you enter another of the four phases of the Part D benefit.	Cost-sharing may change depending on the pharmacy you choose and when you enter another of the four phases of the Part D benefit.
Coverage Gap	**Coverage Gap**
After you enter the Coverage Gap, you pay 25% of the costs of brand name drugs and 37% of the costs of generic drugs until your out-of-pocket costs reach $6,350, which is the end of the Coverage Gap. Not everyone will reach the Coverage Gap.	After you enter the Coverage Gap, you pay 25% of the costs of brand name drugs and 37% of the costs of generic drugs until your out-of-pocket costs reach $6,350, which is the end of the Coverage Gap. Not everyone will reach the Coverage Gap.
Catastrophic Coverage	**Catastrophic Coverage**
After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach $6,350, you pay the greater of: • 5% of the cost of the drug, or • $3.60 copay for a generic drug, or a drug that is treated like a generic, and $8.95 copay for all other drugs.	After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach $6,350, you pay the greater of: • 5% of the cost of the drug, or • $3.60 copay for a generic drug, or a drug that is treated like a generic, and $8.95 copay for all other drugs.

Counties: Skagit, Whatcom, San Juan, Island, Walla Walla		Counties: Skagit, San Juan, Island, Walla Walla
PREMERA BLUE CROSS MEDICARE ADVANTAGE CORE (HM0)		**PREMERA BLUE CROSS MEDICARE ADVANTAGE CORE PLUS (HM0)**
OPTIONAL SUPPLEMENTAL BENEFITS		**OPTIONAL SUPPLEMENTAL BENEFITS**
Optional Supplemental Dental Benefit		**Not applicable**
Monthly Premium	You pay additional $26 per month.	
Deductible	There is no deductible.	
Annual Benefit Maximum	There is no annual maximum limit.	
You pay a $0 copay for routine dental services. • Routine comprehensive or periodic oral exams–two per calendar year. • Any combination of routine cleaning and periodontal maintenance–limited to two per calendar year. • Fluoride treatment–once per calendar year. • Bitewing x-ray–up to one set of four bitewing x-rays every year. • Panoramic or complete series x-ray–once every 60 months. • Limited emergency exam–limited to once per calendar year. • Emergency palliative treatment of dental pain. • Periapical x-rays.		

PREMIUM AND BENEFITS	Counties: King, Pierce, Snohomish, Thurston, Lewis, and Spokane PREMERA BLUE CROSS MEDICARE ADVANTAGE (HM0)	Counties: King, Pierce, Snohomish, Thurston, Lewis, and Whatcom PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC (HM0)	Counties: Spokane and Stevens PREMERA BLUE CROSS MEDICARE ADVANTAGE TOTAL HEALTH (HM0)
Monthly Plan Premium	You pay $0 per month. You must continue to pay your Medicare Part B premium.	You pay $55 per month. You must continue to pay your Medicare Part B premium.	You pay $24 per month. You must continue to pay your Medicare Part B premium.
Deductible	No deductible.	No deductible.	No deductible.
Part D Deductible	$300 per year for Part D prescription drugs except for drugs listed on Tier 1 and Tier 2, which are excluded from the deductible.	$180 per year for Part D prescription drugs except for drugs listed on Tier 1, Tier 2, and Tier 3 which are excluded from the deductible.	$180 per year for Part D prescription drugs except for drugs listed on Tier 1, Tier 2, and Tier 3 which are excluded from the deductible.
Maximum Out-of-Pocket Responsibility (does not include prescription drugs)	You pay no more than $6,300 annually. Includes copays and other costs for medical services for the year.	You pay no more than $5,000 annually. Includes copays and other costs for medical services for the year.	You pay no more than $5,000 annually. Includes copays and other costs for medical services for the year.
Inpatient Hospital Coverage	You pay a $450 copay per day for days 1–4. You pay a $0 copay per day for days 5 and beyond. **Prior Authorization rules may apply.**	You pay a $450 copay per day for days 1–4. You pay a $0 copay per day for days 5 and beyond. **Prior Authorization rules may apply.**	You pay a $450 copay per day for days 1–4. You pay a $0 copay per day for days 5 and beyond. **Prior Authorization rules may apply.**
Outpatient Hospital Coverage	You pay 20% of the total cost for each Medicare-covered outpatient hospital surgery. **Prior Authorization rules may apply.**	You pay a $350 copay for each Medicare-covered outpatient hospital surgery. **Prior Authorization rules may apply.**	You pay a $350 copay for each Medicare-covered outpatient hospital surgery. **Prior Authorization rules may apply.**
Ambulatory Surgery Center	You pay 15% of the total cost for each Medicare-covered ambulatory surgical center visit.	You pay a $250 copay for each Medicare-covered ambulatory surgical center visit.	You pay a $250 copay for each Medicare-covered ambulatory surgical center visit.

PREMIUM AND BENEFITS	Counties: King, Pierce, Snohomish, Thurston, Lewis, and Spokane PREMERA BLUE CROSS MEDICARE ADVANTAGE (HM0)	Counties: King, Pierce, Snohomish, Thurston, Lewis, and Whatcom PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC (HM0)	Counties: Spokane and Stevens PREMERA BLUE CROSS MEDICARE ADVANTAGE TOTAL HEALTH (HM0)
Doctor Visits			
Primary Care Providers	You pay a $15 copay per visit.	You pay a $5 copay per visit.	You pay a $5 copay per visit.
Specialists	You pay a $45 copay per visit (referral required). **Please note**: Additional 15% coinsurance may apply if minor surgeries or other procedures are performed by the physician in an office setting.	You pay a $30 copay per visit (referral required).	You pay a $30 copay per visit (referral required).
Preventive Care (such as flu vaccine, diabetic screenings)	You pay nothing. Other preventive services are available. There are some covered services that have a cost.	You pay nothing. Other preventive services are available. There are some covered services that have a cost.	You pay nothing. Other preventive services are available. There are some covered services that have a cost.
Emergency Care	You pay a $90 copay per visit. Waived, if you are admitted to the hospital within 24 hours. Includes worldwide coverage.	You pay a $90 copay per visit. Waived, if you are admitted to the hospital within 24 hours. Includes worldwide coverage.	You pay a $90 copay per visit. Waived, if you are admitted to the hospital within 24 hours. Includes worldwide coverage.
Urgently Needed Services	You pay a $50 copay per visit. Includes worldwide coverage.	You pay a $50 copay per visit. Includes worldwide coverage.	You pay a $50 copay per visit. Includes worldwide coverage.
Diagnostic Services/Labs/ Imaging			
Diagnostic tests and procedures	You pay 20% of the total cost.	You pay 20% of the total cost.	You pay 20% of the total cost.
Lab services	You pay a $20 copay per day.	You pay a $10 copay per day.	You pay a $10 copay per day.
Outpatient x-rays	You pay a $20 copay per day.	You pay a $10 copay per day.	You pay a $10 copay per day.

PREMIUM AND BENEFITS	Counties: King, Pierce, Snohomish, Thurston, Lewis, and Spokane PREMERA BLUE CROSS MEDICARE ADVANTAGE (HM0)	Counties: King, Pierce, Snohomish, Thurston, Lewis, and Whatcom PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC (HM0)	Counties: Spokane and Stevens PREMERA BLUE CROSS MEDICARE ADVANTAGE TOTAL HEALTH (HM0)
Therapeutic radiology services (such as radiation treatment for cancer)	You pay 20% of the total cost. If your doctor provides additional services, a separate cost-sharing amount may apply. **Prior Authorization rules may apply.**	You pay 20% of the total cost. If your doctor provides additional services, a separate cost-sharing amount may apply. **Prior Authorization rules may apply.**	You pay 20% of the total cost. If your doctor provides additional services, a separate cost-sharing amount may apply. **Prior Authorization rules may apply.**
Hearing Services			
Medicare-covered hearing exam	You pay a $45 copay per visit.	You pay a $0 - $30 copay per visit. $0 copay through Hearing Care Solutions provider; higher copay applies to exams by all other providers.	You pay a $0 - $30 copay per visit. $0 copay through Hearing Care Solutions provider; higher copay applies to exams by all other providers.
Routine hearing exam	Not covered.	You pay a $0 - $30 copay for one routine hearing exam per calendar year. $0 copay through Hearing Care Solutions provider; higher copay applies to exams by all other providers.	You pay a $0 - $30 copay for one routine hearing exam per calendar year. $0 copay through Hearing Care Solutions provider; higher copay applies to exams by all other providers.
Hearing aid	Not covered.	You pay a $0 copay. There is a $1,000 annual allowance per ear toward the purchase of hearing aids through Hearing Care Solutions.	You pay a $0 copay. There is a $1,000 annual allowance per ear toward the purchase of hearing aids through Hearing Care Solutions.
Dental Services			
Medicare-covered dental services	You pay a $45 copay per visit.	You pay a $30 copay per visit.	You pay a $30 copay per visit.

PREMIUM AND BENEFITS	Counties: King, Pierce, Snohomish, Thurston, Lewis, and Spokane PREMERA BLUE CROSS MEDICARE ADVANTAGE (HM0)	Counties: King, Pierce, Snohomish, Thurston, Lewis, and Whatcom PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC (HM0)	Counties: Spokane and Stevens PREMERA BLUE CROSS MEDICARE ADVANTAGE TOTAL HEALTH (HM0)
Routine dental services	For dental services (routine), see "Optional supplemental dental benefit" section later in the booklet.	You pay a $0 copay for routine dental services. • Routine comprehensive or periodic oral exams– two per calendar year. • Any combination of routine cleaning and periodontal maintenance–limited to two per calendar year. • Fluoride treatment– once per calendar year. • Bitewing x-ray–up to one set of four bitewing x-rays every year. • Panoramic or complete series x-ray–once every 60 months. • Limited emergency exam–limited to once per calendar year. • Emergency palliative treatment of dental pain. • Periapical x-rays. • $200 towards additional diagnostic, preventive, basic and major restorative services.	You pay a $0 copay for routine dental services. • Routine comprehensive or periodic oral exams– two per calendar year. • Any combination of routine cleaning and periodontal maintenance–limited to two per calendar year. • Fluoride treatment– once per calendar year. • Bitewing x-ray–up to one set of four bitewing x-rays every year. • Panoramic or complete series x-ray–once every 60 months. • Limited emergency exam–limited to once per calendar year. • Emergency palliative treatment of dental pain. • Periapical x-rays. • $200 towards additional diagnostic, preventive, basic and major restorative services.

PREMIUM AND BENEFITS	Counties: King, Pierce, Snohomish, Thurston, Lewis, and Spokane PREMERA BLUE CROSS MEDICARE ADVANTAGE (HM0)	Counties: King, Pierce, Snohomish, Thurston, Lewis, and Whatcom PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC (HM0)	Counties: Spokane and Stevens PREMERA BLUE CROSS MEDICARE ADVANTAGE TOTAL HEALTH (HM0)
Vision Services			
Medicare-covered vision exam	You pay a $0 - $45 copay for each Medicare-covered exam to diagnose and treat diseases and conditions of the eye.	You pay a $0 - $30 copay for each Medicare-covered exam to diagnose and treat diseases and conditions of the eye.	You pay a $0 - $30 copay for each Medicare-covered exam to diagnose and treat diseases and conditions of the eye.
Medicare-covered vision hardware	You pay a $0 copay for one pair of Medicare-covered eyeglasses or contact lenses after each cataract surgery.	You pay a $0 copay for one pair of Medicare-covered eyeglasses or contact lenses after each cataract surgery.	You pay $0 copay for one pair of Medicare-covered eyeglasses or contact lenses after each cataract surgery.
Routine vision exam	You pay a $45 copay for one routine vision exam per calendar year for the purposes of obtaining eyeglasses or contact lenses.	You pay a $20 copay for one routine vision exam per calendar year for the purposes of obtaining eyeglasses or contact lenses.	You pay a $20 copay for one routine vision exam per calendar year for the purposes of obtaining eyeglasses or contact lenses.
Routine vision hardware	Not covered.	There is a $150 benefit limit for routine eyeglasses (lenses and frames) or contact lenses per calendar year.	There is a $150 benefit limit for routine eyeglasses (lenses and frames) or contact lenses per calendar year.
Mental Health Services			
Inpatient mental health care	You pay a $390 copay per day for days 1–4. You pay a $0 copay per day for days 5–90.	You pay a $390 copay per day for days 1–4. You pay a $0 copay per day for days 5–90.	You pay a $390 copay per day for days 1–4. You pay a $0 copay per day for days 5–90.
Outpatient mental health care	You pay a $40 copay for each Medicare-covered individual or group therapy visit. **Prior Authorization rules may apply.**	You pay a $40 copay for each Medicare-covered individual or group therapy visit. **Prior Authorization rules may apply.**	You pay a $40 copay for each Medicare-covered individual or group therapy visit. **Prior Authorization rules may apply.**

PREMIUM AND BENEFITS	Counties: King, Pierce, Snohomish, Thurston, Lewis, and Spokane PREMERA BLUE CROSS MEDICARE ADVANTAGE (HM0)	Counties: King, Pierce, Snohomish, Thurston, Lewis, and Whatcom PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC (HM0)	Counties: Spokane and Stevens PREMERA BLUE CROSS MEDICARE ADVANTAGE TOTAL HEALTH (HM0)
Skilled Nursing Facility	You pay a $0 copay per day for days 1–20. You pay a $160 copay per day for days 21–60. You pay a $0 copay per day for days 61–100. **Prior Authorization rules may apply.**	You pay a $0 copay per day for days 1–20. You pay a $160 copay per day for days 21–60. You pay a $0 copay per day for days 61–100. **Prior Authorization rules may apply.**	You pay a $0 copay per day for days 1–20. You pay a $160 copay per day for days 21–60. You pay a $0 copay per day for days 61–100. **Prior Authorization rules may apply.**
Physical Therapy	You pay a $40 copay per visit.	You pay a $20 copay per visit.	You pay a $20 copay per visit.
Ambulance	You pay a $300 copay each way for Medicare-covered ambulance transport. **Prior Authorization rules may apply.**	You pay a $300 copay each way for Medicare-covered ambulance transport. **Prior Authorization rules may apply.**	You pay a $300 copay each way for Medicare-covered ambulance transport. **Prior Authorization rules may apply.**
Transportation	Not covered.	Not covered.	Not covered.
Medicare Part B Drugs	You pay 20% of the total cost for Medicare-covered Part B chemotherapy drugs and other Part B drugs. **Prior Authorization rules may apply.**	You pay 20% of the total cost for Medicare-covered Part B chemotherapy drugs and other Part B drugs. **Prior Authorization rules may apply.**	You pay 20% of the total cost for Medicare-covered Part B chemotherapy drugs and other Part B drugs. **Prior Authorization rules may apply.**

Counties: King, Pierce, Snohomish, Thurston, Lewis, and Spokane		
PREMERA BLUE CROSS MEDICARE ADVANTAGE (HM0)		
PRESCRIPTION DRUG BENEFITS (PART D)		
Deductible Phase	During this stage, you pay the full cost of your Tier 3, 4, and 5 drugs. You stay in this stage until you have paid $300 for your Tier 3, 4, and 5 drugs.	
Initial Coverage Phase - You stay in the Initial Coverage Stage until your total drug costs for the year reach $4,020.		
	Preferred Retail Cost-sharing (in-network) (up to a 30-day supply)	Standard Retail Cost-sharing (in-network) (up to 30-day supply)
Tier 1: Preferred Generic	You pay a $4 copay.	You pay a $15 copay.
Tier 2: Generic	You pay a $12 copay.	You pay a $20 copay.
Tier 3: Preferred Brand	You pay a $42 copay.	You pay a $47 copay.
Tier 4: Non-Preferred Drugs	You pay 33% of the total cost.	You pay 33% of the total cost.
Tier 5: Specialty	You pay 27% of the total cost.	You pay 27% of the total cost.

Counties: King, Pierce, Snohomish, Thurston, Lewis, and Whatcom		
PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC (HM0)		
PRESCRIPTION DRUG BENEFITS (PART D)		
Deductible Phase	During this stage, you pay the full cost of your Tier 4 and 5 drugs. You stay in this stage until you have paid $180 for your Tier 4 and 5 drugs.	
Initial Coverage Phase - You stay in the Initial Coverage Stage until your total drug costs for the year reach $4,020.		
	Preferred Retail Cost-sharing (in-network) (up to a 30-day supply)	Standard Retail Cost-sharing (in-network) (up to 30-day supply)
Tier 1: Preferred Generic	You pay a $2 copay.	You pay a $12 copay.
Tier 2: Generic	You pay a $10 copay.	You pay a $20 copay.
Tier 3: Preferred Brand	You pay a $40 copay.	You pay a $47 copay.
Tier 4: Non-Preferred Drugs	You pay 33% of the total cost.	You pay 33% of the total cost.
Tier 5: Specialty	You pay 29% of the total cost.	You pay 29% of the total cost.

Counties: Spokane and Stevens		
PREMERA BLUE CROSS MEDICARE ADVANTAGE TOTAL HEALTH (HM0)		
PRESCRIPTION DRUG BENEFITS (PART D)		
Deductible Phase	During this stage, you pay the full cost of your Tier 4 and 5 drugs. You stay in this stage until you have paid $180 for your Tier 4 and 5 drugs.	
Initial Coverage Phase - You stay in the Initial Coverage Stage until your total drug costs for the year reach $4,020.		
	Preferred Retail Cost-sharing (in-network) (up to a 30-day supply)	Standard Retail Cost-sharing (in-network) (up to 30-day supply)
Tier 1: Preferred Generic	You pay a $2 copay.	You pay a $12 copay.
Tier 2: Generic	You pay a $10 copay.	You pay a $20 copay.
Tier 3: Preferred Brand	You pay a $40 copay.	You pay a $47 copay.
Tier 4: Non-Preferred Drugs	You pay 33% of the total cost.	You pay 33% of the total cost.
Tier 5: Specialty	You pay 29% of the total cost.	You pay 29% of the total cost.

Counties: King, Pierce, Snohomish, Thurston, Lewis, and Spokane			Counties: King, Pierce, Snohomish, Thurston, Lewis, and Whatcom			Counties: Spokane and Stevens		
PREMERA BLUE CROSS MEDICARE ADVANTAGE (HM0)			**PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC (HM0)**			**PREMERA BLUE CROSS MEDICARE ADVANTAGE TOTAL HEALTH (HM0)**		
	Mail Order Cost-sharing (90-day supply)	Long-Term Care Cost-sharing (up to a 31-day supply)		Mail Order Cost-sharing (90-day supply)	Long-Term Care Cost-sharing (up to a 31-day supply)		Mail Order Cost-sharing (90-day supply)	Long-Term Care Cost-sharing (up to a 31-day supply)
Tier 1: Preferred Generic	You pay a $8 copay.	You pay a $15 copay.	**Tier 1: Preferred Generic**	You pay a $0 copay.	You pay a $12 copay.	**Tier 1: Preferred Generic**	You pay a $0 copay.	You pay a $12 copay.
Tier 2: Generic	You pay a $36 copay.	You pay a $20 copay.	**Tier 2: Generic**	You pay a $30 copay.	You pay a $20 copay.	**Tier 2: Generic**	You pay a $30 copay.	You pay a $20 copay.
Tier 3: Preferred Brand	You pay a $126 copay.	You pay a $47 copay.	**Tier 3: Preferred Brand**	You pay a $120 copay.	You pay a $47 copay.	**Tier 3: Preferred Brand**	You pay a $120 copay.	You pay a $47 copay.
Tier 4: Non-Preferred Drugs	You pay 33% of the total cost.	You pay 33% of the total cost.	**Tier 4: Non-Preferred Drugs**	You pay 33% of the total cost.	You pay 33% of the total cost.	**Tier 4: Non-Preferred Drugs**	You pay 33% of the total cost.	You pay 33% of the total cost.
Tier 5: Specialty	Not offered.	You pay 27% of the total cost.	**Tier 5: Specialty**	Not offered.	You pay 29% of the total cost.	**Tier 5: Specialty**	Not offered.	You pay 29% of the total cost.
Cost-sharing may change depending on the pharmacy you choose and when you enter another of the four phases of the Part D benefit.			Cost-sharing may change depending on the pharmacy you choose and when you enter another of the four phases of the Part D benefit.			Cost-sharing may change depending on the pharmacy you choose and when you enter another of the four phases of the Part D benefit.		
Coverage Gap			**Coverage Gap**			**Coverage Gap**		
After you enter the Coverage Gap, you pay 25% of the costs of brand name drugs and 37% of the costs of generic drugs until your out-of-pocket costs reach $6,350, which is the end of the Coverage Gap. Not everyone will reach the Coverage Gap.			After you enter the Coverage Gap, you pay 25% of the costs of brand name drugs and 37% of the costs of generic drugs until your out-of-pocket costs reach $6,350, which is the end of the Coverage Gap. Not everyone will reach the Coverage Gap.			After you enter the Coverage Gap, you pay 25% of the costs of brand name drugs and 37% of the costs of generic drugs until your out-of-pocket costs reach $6,350, which is the end of the Coverage Gap. Not everyone will reach the Coverage Gap.		

Counties: King, Pierce, Snohomish, Thurston, Lewis, and Spokane	Counties: King, Pierce, Snohomish, Thurston, Lewis, and Whatcom	Counties: Spokane and Stevens
PREMERA BLUE CROSS MEDICARE ADVANTAGE (HM0)	**PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC (HM0)**	**PREMERA BLUE CROSS MEDICARE ADVANTAGE TOTAL HEALTH (HM0)**
Catastrophic Coverage	**Catastrophic Coverage**	**Catastrophic Coverage**
After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach $6,350, you pay the greater of: • 5% of the cost of the drug, or • $3.60 copay for a generic drug, or a drug that is treated like a generic and $8.95 copay for all other drugs.	After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach $6,350, you pay the greater of: • 5% of the cost of the drug, or • $3.60 copay for a generic drug, or a drug that is treated like a generic and $8.95 copay for all other drugs.	After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach $6,350, you pay the greater of: • 5% of the cost of the drug, or • $3.60 copay for a generic drug, or a drug that is treated like a generic and $8.95 copay for all other drugs.

Counties: King, Pierce, Snohomish, Thurston, Lewis, and Spokane		Counties: King, Pierce, Snohomish, Thurston, Lewis, and Whatcom	Counties: Spokane and Stevens
PREMERA BLUE CROSS MEDICARE ADVANTAGE (HM0)		**PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC (HM0)**	**PREMERA BLUE CROSS MEDICARE ADVANTAGE TOTAL HEALTH (HM0)**
OPTIONAL SUPPLEMENTAL BENEFITS		**OPTIONAL SUPPLEMENTAL BENEFITS**	**OPTIONAL SUPPLEMENTAL BENEFITS**
Optional Supplemental Dental Benefit		**Not applicable**	**Not applicable**
Monthly Premium	You pay an additional $26 per month.		
Deductible	There is no deductible.		
Annual Benefit Maximum	There is no annual maximum limit.		
You pay a $0 copay for routine dental services. • Routine comprehensive or periodic oral exams–two per calendar year. • Any combination of routine cleaning and periodontal maintenance–limited to two per calendar year. • Fluoride treatment–once per calendar year. • Bitewing x-ray–up to one set of four bitewing x-rays every year. • Panoramic or complete series x-ray–once every 60 months. • Limited emergency exam–limited to once per calendar year. • Emergency palliative treatment of dental pain. • Periapical x-rays.			

PREMIUM AND BENEFITS	Available to residents of these counties: King, Pierce, Snohomish, Thurston, and Whatcom	
	PREMERA BLUE CROSS MEDICARE ADVANTAGE PEAK + Rx (HM0)	PREMERA BLUE CROSS MEDICARE ADVANTAGE SOUND + Rx (HM0)
Monthly Plan Premium	You pay $0 per month. You must continue to pay your Medicare Part B premium.	You pay $40 per month. You must continue to pay your Medicare Part B premium.
Deductible	No deductible.	No deductible.
Part D Deductible	$160 per year for Part D prescription drugs except for drugs listed on Tier 1 and Tier 2, which are excluded from the deductible.	$160 per year for Part D prescription drugs except for drugs listed on Tier 1 and Tier 2, which are excluded from the deductible.
Maximum Out-of-Pocket Responsibility (does not include prescription drugs)	You pay no more than $6,700 annually. Includes copays and other costs for medical services for the year.	You pay no more than $6,500 annually. Includes copays and other costs for medical services for the year.
Inpatient Hospital Coverage	You pay a $595 copay per day for days 1–3. You pay a $0 copay per day for days 4 and beyond. **Prior Authorization rules may apply.**	You pay a $595 copay per day for days 1–3. You pay a $0 copay per day for days 4 and beyond. **Prior Authorization rules may apply.**
Outpatient Hospital Coverage	You pay 20% of the total cost for each Medicare-covered outpatient hospital surgery. **Prior Authorization rules may apply.**	You pay a $495 copay for each Medicare-covered outpatient hospital surgery. **Prior Authorization rules may apply.**
Ambulatory Surgery Center	You pay a $395 copay for each Medicare-covered ambulatory surgical center visit.	You pay a $395 copay for each Medicare-covered ambulatory surgical center visit.
Doctor Visits		
Primary Care Providers	You pay a $15 copay per visit.	You pay a $10 copay per visit.
Specialists	You pay a $50 copay per visit (referral required).	You pay a $50 copay per visit (referral required).
Preventive Care (such as flu vaccine, diabetic screenings)	You pay nothing. Other preventive services are available. There are some covered services that have a cost.	You pay nothing. Other preventive services are available. There are some covered services that have a cost.
Emergency Care	You pay a $90 copay per visit. Waived, if admitted to the hospital within 24 hours. Includes worldwide coverage.	You pay a $90 copay per visit. Waived, if admitted to the hospital within 24 hours. Includes worldwide coverage.

PREMIUM AND BENEFITS	Available to residents of these counties: King, Pierce, Snohomish, Thurston, and Whatcom	
	PREMERA BLUE CROSS MEDICARE ADVANTAGE PEAK + Rx (HM0)	PREMERA BLUE CROSS MEDICARE ADVANTAGE SOUND + Rx (HM0)
Urgently Needed Services	You pay a $50 copay per visit. Includes worldwide coverage.	You pay a $50 copay per visit. Includes worldwide coverage.
Diagnostic Services/Labs/ Imaging		
Diagnostic tests and procedures	You pay 20% of the total cost.	You pay 20% of the total cost.
Lab services	You pay a $15 copay per day.	You pay a $15 copay per day.
Outpatient x-rays	You pay a $20 copay per day.	You pay a $20 copay per day.
Therapeutic radiology services (such as radiation treatment for cancer)	You pay 20% of the cost. If your doctor provides additional services, a separate cost-sharing amount may apply. **Prior Authorization rules may apply.**	You pay 20% of the cost. If your doctor provides additional services, a separate cost-sharing amount may apply. **Prior Authorization rules may apply.**
Hearing Services		
Medicare-covered hearing exam	You pay a $0 - $50 copay per visit. $0 copay through Hearing Care Solutions provider; higher copay applies to exams performed by all other providers.	You pay a $0 - $50 copay per visit. $0 copay through Hearing Care Solutions provider; higher copay applies to exams performed by all other providers.
Routine hearing exam	You pay a $0 - $50 copay for one routine hearing exam per calendar year. $0 copay through Hearing Care Solutions provider; higher copay applies to exams performed by all other providers.	You pay a $0 - $50 copay for one routine hearing exam per calendar year. $0 copay through Hearing Care Solutions provider; higher copay applies to exams performed by all other providers.
Hearing aid	You pay a $0 copay. There is a $1,000 annual allowance per ear for hearing aids through Hearing Care Solutions provider.	You pay a $0 copay. There is a $1,000 annual allowance per ear for hearing aids through Hearing Care Solutions provider.

PREMIUM AND BENEFITS	Available to residents of these counties: King, Pierce, Snohomish, Thurston, and Whatcom	
	PREMERA BLUE CROSS MEDICARE ADVANTAGE PEAK + Rx (HM0)	PREMERA BLUE CROSS MEDICARE ADVANTAGE SOUND + Rx (HM0)
Dental Services		
Medicare-covered dental services	You pay a $50 copay per visit.	You pay a $50 copay per visit.
Routine dental services	For dental services (routine), see "Optional supplemental dental benefit" section later in the booklet.	You pay a $0 copay for routine dental services. • Routine comprehensive or periodic oral exams–two per calendar year. • Any combination of routine cleaning and periodontal maintenance–limited to two per calendar year. • Fluoride treatment– once per calendar year. • Bitewing x-ray–up to one set of four bitewing x-rays every year. • Panoramic or complete series x-ray–once every 60 months. • Limited emergency exam–limited to once per calendar year. • Emergency palliative treatment of dental pain. • Periapical x-rays.

PREMIUM AND BENEFITS	Available to residents of these counties: King, Pierce, Snohomish, Thurston, and Whatcom	
	PREMERA BLUE CROSS MEDICARE ADVANTAGE PEAK + Rx (HM0)	PREMERA BLUE CROSS MEDICARE ADVANTAGE SOUND + Rx (HM0)
Vision Services		
Medicare-covered vision exam	You pay a $0 - $50 copay for each Medicare-covered exam to diagnose and treat diseases and conditions of the eye.	You pay a $0 - $50 copay for each Medicare-covered exam to diagnose and treat diseases and conditions of the eye.
Medicare-covered vision hardware	You pay $0 copay for one pair of Medicare-covered eyeglasses or contact lenses after each cataract surgery.	You pay $0 copay for one pair of Medicare-covered eyeglasses or contact lenses after each cataract surgery.
Routine vision exam	You pay a $20 copay for one routine vision exam per calendar year for the purposes of obtaining eyeglasses or contact lenses.	You pay a $20 copay for one routine vision exam per calendar year for the purposes of obtaining eyeglasses or contact lenses.
Routine vision hardware	There is a $150 benefit limit for routine eyeglasses (lenses and frames) or contact lenses per calendar year.	There is a $150 benefit limit for routine eyeglasses (lenses and frames) or contact lenses per calendar year.
Mental Health Services		
Inpatient mental health care	You pay a $595 copay per day for days 1–2. You pay $0 copay per day for days 3–90.	You pay a $595 copay per day for days 1–2. You pay $0 copay per day for days 3–90.
Outpatient mental health care	You pay a $40 copay for each Medicare-covered individual or group therapy visit. **Prior Authorization rules may apply.**	You pay a $40 copay for each Medicare-covered individual or group therapy visit. **Prior Authorization rules may apply.**
Skilled Nursing Facility	You pay a $0 copay per day for days 1–20. You pay a $160 copay per day for days 21–60. You pay a $0 copay per day for days 61–100. **Prior Authorization rules may apply.**	You pay a $0 copay per day for days 1–20. You pay a $160 copay per day for days 21–60. You pay a $0 copay per day for days 61–100. **Prior Authorization rules may apply.**

PREMIUM AND BENEFITS	Available to residents of these counties: King, Pierce, Snohomish, Thurston, and Whatcom	
	PREMERA BLUE CROSS MEDICARE ADVANTAGE PEAK + Rx (HM0)	PREMERA BLUE CROSS MEDICARE ADVANTAGE SOUND + Rx (HM0)
Physical Therapy	You pay a $40 copay per visit.	You pay a $40 copay per visit.
Ambulance	You pay a $280 copay each way for Medicare-covered ambulance transport. **Prior Authorization rules may apply.**	You pay a $255 copay each way for Medicare-covered ambulance transport. **Prior Authorization rules may apply.**
Transportation	Not covered.	Not covered.
Medicare Part B Drugs	You pay 20% of the total cost for Medicare-covered Part B chemotherapy drugs and other Part B drugs. **Prior Authorization rules may apply.**	You pay 20% of the total cost for Medicare-covered Part B chemotherapy drugs and other Part B drugs. **Prior Authorization rules may apply.**

Available to residents of these counties: King, Pierce, Snohomish, Thurston, and Whatcom									
PREMERA BLUE CROSS MEDICARE ADVANTAGE PEAK + Rx (HM0)					**PREMERA BLUE CROSS MEDICARE ADVANTAGE SOUND + Rx (HM0)**				
PRESCRIPTION DRUG BENEFITS (PART D)					**PRESCRIPTION DRUG BENEFITS (PART D)**				
Deductible Phase	During this stage, you pay the full cost of your Tier 3, 4, and 5 drugs. You stay in this stage until you have paid $160 for your Tier 3, 4, and 5 drugs.				**Deductible Phase**	During this stage, you pay the full cost of your Tier 3, 4, and 5 drugs. You stay in this stage until you have paid $160 for your Tier 3, 4, and 5 drugs.			
Initial Coverage Phase - You stay in the Initial Coverage Stage until your total drug costs for the year reach $4,020.					**Initial Coverage Phase -** You stay in the Initial Coverage Stage until your total drug costs for the year reach $4,020.				
	Preferred Retail Cost-sharing (in-network) (up to a 30-day supply)	Standard Retail Cost-sharing (in-network) (up to 30-day supply)	Mail Order Cost-sharing (90-day supply)	Long-Term Care Cost-sharing (up to a 31-day supply)		Preferred Retail Cost-sharing (in-network) (up to a 30-day supply)	Standard Retail Cost-sharing (in-network) (up to 30-day supply)	Mail Order Cost-sharing (90-day supply)	Long-Term Care Cost-sharing (up to a 31-day supply)
Tier 1: Preferred Generic	You pay a $3 copay.	You pay a $12 copay.	You pay a $6 copay.	You pay a $12 copay.	**Tier 1: Preferred Generic**	You pay a $2 copay.	You pay a $12 copay.	You pay a $4 copay.	You pay a $12 copay.
Tier 2: Generic	You pay a $12 copay.	You pay a $20 copay.	You pay a $36 copay.	You pay a $20 copay.	**Tier 2: Generic**	You pay a $12 copay.	You pay a $20 copay.	You pay a $36 copay.	You pay a $20 copay.
Tier 3: Preferred Brand	You pay a $42 copay.	You pay a $47 copay.	You pay a $126 copay.	You pay a $47 copay.	**Tier 3: Preferred Brand**	You pay a $42 copay.	You pay a $47 copay.	You pay a $126 copay.	You pay a $47 copay.
Tier 4: Non-Preferred Drugs	You pay 33% of the total cost.	You pay 33% of the total cost.	You pay 33% of the total cost.	You pay 33% of the total cost.	**Tier 4: Non-Preferred Drugs**	You pay 33% of the total cost.	You pay 33% of the total cost.	You pay 33% of the total cost.	You pay 33% of the total cost.
Tier 5: Specialty	You pay 30% of the total cost.	You pay 30% of the total cost.	Not offered.	You pay 30% of the total cost.	**Tier 5: Specialty**	You pay 30% of the total cost.	You pay 30% of the total cost.	Not offered.	You pay 30% of the total cost.
Cost-sharing may change depending on the pharmacy you choose and when you enter another of the four phases of the Part D benefit.					Cost-sharing may change depending on the pharmacy you choose and when you enter another of the four phases of the Part D benefit.				

Available to residents of these counties: King, Pierce, Snohomish, Thurston, and Whatcom	
PREMERA BLUE CROSS MEDICARE ADVANTAGE PEAK + Rx (HM0)	**PREMERA BLUE CROSS MEDICARE ADVANTAGE SOUND + Rx (HM0)**
Coverage Gap	**Coverage Gap**
After you enter the Coverage Gap, you pay 25% of the costs of brand name drugs and 37% of the costs of generic drugs until your out-of-pocket costs reach $6,350, which is the end of the Coverage Gap. Not everyone will reach the Coverage Gap.	After you enter the Coverage Gap, you pay 25% of the costs of brand name drugs and 37% of the costs of generic drugs until your out-of-pocket costs reach $6,350, which is the end of the Coverage Gap. Not everyone will reach the Coverage Gap.
Catastrophic Coverage	**Catastrophic Coverage**
After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach $6,350, you pay the greater of: • 5% of the cost of the drug, or • $3.60 copay for a generic drug, or a drug that is treated like a generic and $8.95 copay for all other drugs.	After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach $6,350, you pay the greater of: • 5% of the cost of the drug, or • $3.60 copay for a generic drug, or a drug that is treated like a generic and $8.95 copay for all other drugs.

Available to residents of these counties: King, Pierce, Snohomish, Thurston, and Whatcom		
PREMERA BLUE CROSS MEDICARE ADVANTAGE PEAK + Rx (HM0)		**PREMERA BLUE CROSS MEDICARE ADVANTAGE SOUND + Rx (HM0)**
OPTIONAL SUPPLEMENTAL BENEFITS		**OPTIONAL SUPPLEMENTAL BENEFITS**
Optional Supplemental Dental Benefit		**Not applicable**
Monthly Premium	You pay additional $26 per month.	
Deductible	There is no deductible.	
Annual Benefit Maximum	There is no annual maximum limit.	
You pay a $0 copay for routine dental services. • Routine comprehensive or periodic oral exams–two per calendar year. • Any combination of routine cleaning and periodontal maintenance–limited to two per calendar year. • Fluoride treatment–once per calendar year. • Bitewing x-ray–up to one set of four bitewing x-rays every year. • Panoramic or complete series x-ray–once every 60 months. • Limited emergency exam–limited to once per calendar year. • Emergency palliative treatment of dental pain. • Periapical x-rays.		

PREMIUM AND BENEFITS	Counties: King, Pierce, Snohomish, Thurston, and Whatcom		Counties: King, Pierce, Snohomish, and Thurston
	PREMERA BLUE CROSS MEDICARE ADVANTAGE ALPINE (HM0)	PREMERA BLUE CROSS MEDICARE ADVANTAGE CHARTER + Rx (HM0)	PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC PLUS (HM0)
Monthly Plan Premium	You pay $42 per month. You must continue to pay your Medicare Part B premium.	You pay $150 per month. You must continue to pay your Medicare Part B premium.	You pay $190 per month. You must continue to pay your Medicare Part B premium.
Deductible	No deductible.	No deductible.	No deductible.
Part D Deductible	Not applicable.	$160 per year for Part D prescription drugs except for drugs listed on Tier 1 and Tier 2, which are excluded from the deductible.	$200 per year for Part D prescription drugs except for drugs listed on Tier 1 and Tier 2, which are excluded from the deductible.
Maximum Out-of-Pocket Responsibility (does not include prescription drugs)	You pay no more than $6,500 annually. Includes copays and other costs for medical services for the year.	You pay no more than $4,900 annually. Includes copays and other costs for medical services for the year.	You pay no more than $5,000 annually. Includes copays and other costs for medical services for the year.
Inpatient Hospital Coverage	You pay a $595 copay per day for days 1–3. You pay a $0 copay per day for days 4 and beyond. **Prior Authorization rules may apply.**	You pay a $450 copay per day for days 1–4. You pay a $0 copay per day for days 5 and beyond. **Prior Authorization rules may apply.**	You pay a $350 copay per day for days 1–4. You pay a $0 copay per day for days 5 and beyond. **Prior Authorization rules may apply.**
Outpatient Hospital Coverage	You pay a $495 copay for each Medicare-covered outpatient hospital surgery. **Prior Authorization rules may apply.**	You pay a $290 copay for each Medicare-covered outpatient hospital surgery. **Prior Authorization rules may apply.**	You pay a $250 copay for each Medicare-covered outpatient hospital surgery. **Prior Authorization rules may apply.**
Ambulatory Surgery Center	You pay a $395 copay for each Medicare-covered ambulatory surgical center visit.	You pay a $190 copay for each Medicare-covered ambulatory surgical center visit.	You pay a $250 copay for each Medicare-covered ambulatory surgical center visit.

PREMIUM AND BENEFITS	Counties: King, Pierce, Snohomish, Thurston, and Whatcom		Counties: King, Pierce, Snohomish, and Thurston
	PREMERA BLUE CROSS MEDICARE ADVANTAGE ALPINE (HM0)	PREMERA BLUE CROSS MEDICARE ADVANTAGE CHARTER + Rx (HM0)	PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC PLUS (HM0)
Doctor Visits			
Primary Care Providers	You pay a $10 copay per visit.	You pay a $10 copay per visit.	You pay a $10 copay per visit.
Specialists	You pay a $50 copay per visit (referral required).	You pay a $35 copay per visit (referral required).	You pay a $40 copay per visit (referral required).
Preventive Care (such as flu vaccine, diabetic screenings)	You pay nothing. Other preventive services are available. There are some covered services that have a cost.	You pay nothing. Other preventive services are available. There are some covered services that have a cost.	You pay nothing. Other preventive services are available. There are some covered services that have a cost.
Emergency Care	You pay a $90 copay per visit. Waived, if you are admitted to the hospital within 24 hours. Includes worldwide coverage.	You pay a $90 copay per visit. Waived, if you are admitted to the hospital within 24 hours. Includes worldwide coverage.	You pay a $90 copay per visit. Waived, if you are admitted to the hospital within 24 hours. Includes worldwide coverage.
Urgently Needed Services	You pay a $50 copay per visit. Includes worldwide coverage.	You pay a $50 copay per visit. Includes worldwide coverage.	You pay a $50 copay per visit. Includes worldwide coverage.
Diagnostic Services/Labs/ Imaging			
Diagnostic tests and procedures	You pay 20% of the total cost.	You pay 20% of the total cost.	You pay 20% of the total cost.
Lab services	You pay a $15 copay per day.	You pay a $7 copay per day.	You pay a $0 copay per day.
Outpatient x-rays	You pay a $20 copay per day.	You pay a $20 copay per day.	You pay a $0 copay per day.
Therapeutic radiology services (such as radiation treatment for cancer)	You pay 20% of the total cost. If your doctor provides additional services, a separate cost-sharing amount may apply. **Prior Authorization rules may apply.**	You pay 20% of the total cost. If your doctor provides additional services, a separate cost-sharing amount may apply. **Prior Authorization rules may apply.**	You pay 20% of the total cost. If your doctor provides additional services, a separate cost-sharing amount may apply. **Prior Authorization rules may apply.**

PREMIUM AND BENEFITS	Counties: King, Pierce, Snohomish, Thurston, and Whatcom		Counties: King, Pierce, Snohomish, and Thurston
	PREMERA BLUE CROSS MEDICARE ADVANTAGE ALPINE (HM0)	PREMERA BLUE CROSS MEDICARE ADVANTAGE CHARTER + Rx (HM0)	PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC PLUS (HM0)
Hearing Services			
Medicare-covered hearing exam	You pay a $0 - $50 copay per visit. $0 copay through Hearing Care Solutions provider; higher copay applies to exams by all other providers.	You pay a $0 - $35 copay per visit. $0 copay through Hearing Care Solutions provider; higher copay applies to exams by all other providers.	You pay a $40 copay per visit.
Routine hearing exam	You pay a $0 - $50 copay for one routine hearing exam per calendar year. $0 copay through Hearing Care Solutions provider; higher copay applies to exams by all other providers.	You pay a $0 - $35 copay for one routine hearing exam per calendar year. $0 copay through Hearing Care Solutions provider; higher copay applies to exams by all other providers.	You pay a $40 copay for one routine hearing exam per calendar year.
Hearing aid	You pay a $0 copay. There is a $1,000 annual allowance per ear toward the purchase of hearing aids through Hearing Care Solutions provider.	You pay a $0 copay. There is a $1,000 annual allowance per ear toward the purchase of hearing aids through Hearing Care Solutions provider.	Not covered.

PREMIUM AND BENEFITS	Counties: King, Pierce, Snohomish, Thurston, and Whatcom		Counties: King, Pierce, Snohomish, and Thurston
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Dental Services			
Medicare-covered dental services	You pay a $50 copay per visit.	You pay a $35 copay per visit.	You pay a $40 copay per visit.
Routine dental services	Not covered.	You pay a $0 copay for routine dental services. • Routine comprehensive or periodic oral exams– two per calendar year. • Any combination of routine cleaning and periodontal maintenance–limited to two per calendar year. • Fluoride treatment– once per calendar year. • Bitewing x-ray–up to one set of four bitewing x-rays every year. • Panoramic or complete series x-ray–once every 60 months. • Limited emergency exam–limited to once per calendar year. • Emergency palliative treatment of dental pain. • Periapical x-rays.	You pay a $0 copay for routine dental services. • Routine comprehensive or periodic oral exams– two per calendar year. • Any combination of routine cleaning and periodontal maintenance–limited to two per calendar year. • Fluoride treatment– once per calendar year. • Bitewing x-ray–up to one set of four bitewing x-rays every year. • Panoramic or complete series x-ray–once every 60 months. • Limited emergency exam–limited to once per calendar year. • Emergency palliative treatment of dental pain. • Periapical x-rays.

PREMIUM AND BENEFITS	Counties: King, Pierce, Snohomish, Thurston, and Whatcom		Counties: King, Pierce, Snohomish, and Thurston
	PREMERA BLUE CROSS MEDICARE ADVANTAGE ALPINE (HM0)	PREMERA BLUE CROSS MEDICARE ADVANTAGE CHARTER + Rx (HM0)	PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC PLUS (HM0)
Vision Services			
Medicare-covered vision exam	You pay a $0 - $50 copay for each Medicare-covered exam to diagnose and treat diseases and conditions of the eye.	You pay a $0 - $35 copay for each Medicare-covered exam to diagnose and treat diseases and conditions of the eye.	You pay a $0 - $40 copay for each Medicare-covered exam to diagnose and treat diseases and conditions of the eye.
Medicare-covered vision hardware	You pay a $0 copay for one pair of Medicare-covered eyeglasses or contact lenses after each cataract surgery.	You pay a $0 copay for one pair of Medicare-covered eyeglasses or contact lenses after each cataract surgery.	You pay $0 copay for one pair of Medicare-covered eyeglasses or contact lenses after each cataract surgery.
Routine vision exam	You pay a $20 copay for one routine vision exam per calendar year for the purposes of obtaining eyeglasses or contact lenses.	You pay a $20 copay for one routine vision exam per calendar year for the purposes of obtaining eyeglasses or contact lenses.	You pay a $40 copay for one routine vision exam per calendar year for the purposes of obtaining eyeglasses or contact lenses.
Routine vision hardware	There is a $150 benefit limit for routine eyeglasses (lenses and frames) or contact lenses per calendar year.	There is a $150 benefit limit for routine eyeglasses (lenses and frames) or contact lenses per calendar year.	There is a $150 benefit limit for routine eyeglasses (lenses and frames) or contact lenses per calendar year.
Mental Health Services			
Inpatient mental health care	You pay a $595 copay per day for days 1–2. You pay a $0 copay per day for days 3–90.	You pay a $450 copay per day for days 1–3. You pay a $0 copay per day for days 4–90.	You pay a $350 copay per day for days 1–4. You pay a $0 copay per day for days 5–90.
Outpatient mental health care	You pay a $40 copay for each Medicare-covered individual or group therapy visit. **Prior Authorization rules may apply.**	You pay a $40 copay for each Medicare-covered individual or group therapy visit. **Prior Authorization rules may apply.**	You pay a $40 copay for each Medicare-covered individual or group therapy visit. **Prior Authorization rules may apply.**

PREMIUM AND BENEFITS	Counties: King, Pierce, Snohomish, Thurston, and Whatcom		Counties: King, Pierce, Snohomish, and Thurston
	PREMERA BLUE CROSS MEDICARE ADVANTAGE ALPINE (HM0)	PREMERA BLUE CROSS MEDICARE ADVANTAGE CHARTER + Rx (HM0)	PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC PLUS (HM0)
Skilled Nursing Facility	You pay a $0 copay per day for days 1–20. You pay a $160 copay per day for days 21–60. You pay a $0 copay per day for days 61–100. **Prior Authorization rules may apply.**	You pay a $0 copay per day for days 1–20. You pay a $160 copay per day for days 21–60. You pay a $0 copay per day for days 61–100. **Prior Authorization rules may apply.**	You pay a $0 copay per day for days 1–20. You pay a $160 copay per day for days 21–60. You pay a $0 copay per day for days 61–100. **Prior Authorization rules may apply.**
Physical Therapy	You pay a $40 copay per visit.	You pay a $35 copay per visit.	You pay a $40 copay per visit.
Ambulance	You pay a $255 copay each way for Medicare-covered ambulance transport. **Prior Authorization rules may apply.**	You pay a $315 copay each way for Medicare-covered ambulance transport. **Prior Authorization rules may apply.**	You pay a $200 copay each way for Medicare-covered ambulance transport. **Prior Authorization rules may apply.**
Transportation	Not covered.	Not covered.	Not covered.
Medicare Part B Drugs	You pay 20% of the total cost for Medicare-covered Part B chemotherapy drugs and other Part B drugs. **Prior Authorization rules may apply.**	You pay 20% of the total cost for Medicare-covered Part B chemotherapy drugs and other Part B drugs. **Prior Authorization rules may apply.**	You pay 20% of the total cost for Medicare-covered Part B chemotherapy drugs and other Part B drugs. **Prior Authorization rules may apply.**

Counties: King, Pierce, Snohomish, Thurston, and Whatcom				Counties: King, Pierce, Snohomish, and Thurston		
PREMERA BLUE CROSS MEDICARE ADVANTAGE ALPINE (HM0)	**PREMERA BLUE CROSS MEDICARE ADVANTAGE CHARTER + Rx (HM0)**			**PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC PLUS (HM0)**		
PRESCRIPTION DRUG BENEFITS (PART D)	**PRESCRIPTION DRUG BENEFITS (PART D)**			**PRESCRIPTION DRUG BENEFITS (PART D)**		
Not applicable	**Deductible Phase**	During this stage, you pay the full cost of your Tier 3, 4, and 5 drugs. You stay in this stage until you have paid $160 for your Tier 3, 4, and 5 drugs.		**Deductible Phase**	During this stage, you pay the full cost of your Tier 3, 4, and 5 drugs. You stay in this stage until you have paid $200 for your Tier 3, 4, and 5 drugs.	
	Initial Coverage Phase - You stay in the Initial Coverage Stage until your total drug costs for the year reach $4,020.			**Initial Coverage Phase -** You stay in the Initial Coverage Stage until your total drug costs for the year reach $4,020.		
		Preferred Retail Cost-sharing (in-network) (up to a 30-day supply)	Standard Retail Cost-sharing (in-network)(up to 30-day supply)		Preferred Retail Cost-sharing (in-network) (up to a 30-day supply)	Standard Retail Cost-sharing (in-network)(up to 30-day supply)
	Tier 1: Preferred Generic	You pay a $2 copay.	You pay a $12 copay.	**Tier 1: Preferred Generic**	You pay a $4 copay.	You pay a $12 copay.
	Tier 2: Generic	You pay a $12 copay.	You pay a $20 copay.	**Tier 2: Generic**	You pay a $12 copay.	You pay a $20 copay.
	Tier 3: Preferred Brand	You pay a $42 copay.	You pay a $47 copay.	**Tier 3: Preferred Brand**	You pay a $42 copay.	You pay a $47 copay.
	Tier 4: Non-Preferred Drugs	You pay 33% of the total cost.	You pay 33% of the total cost.	**Tier 4: Non-Preferred Drugs**	You pay 33% of the total cost.	You pay 33% of the total cost.
	Tier 5: Specialty	You pay 30% of the total cost.	You pay 30% of the total cost.	**Tier 5: Specialty**	You pay 29% of the total cost.	You pay 29% of the total cost.

Counties: King, Pierce, Snohomish, Thurston, and Whatcom				Counties: King, Pierce, Snohomish, and Thurston		
PREMERA BLUE CROSS MEDICARE ADVANTAGE ALPINE (HM0)	PREMERA BLUE CROSS MEDICARE ADVANTAGE CHARTER + Rx (HM0)			PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC PLUS (HM0)		
Not applicable		Mail Order Cost-sharing (90-day supply)	Long-Term Care Cost-sharing (up to a 31-day supply)		Mail Order Cost-sharing (90-day supply)	Long-Term Care Cost-sharing (up to a 31-day supply)
	Tier 1: Preferred Generic	You pay a $4 copay.	You pay a $12 copay.	**Tier 1: Preferred Generic**	You pay a $8 copay.	You pay a $12 copay.
	Tier 2: Generic	You pay a $36 copay.	You pay a $20 copay.	**Tier 2: Generic**	You pay a $36 copay.	You pay a $20 copay.
	Tier 3: Preferred Brand	You pay a $126 copay.	You pay a $47 copay.	**Tier 3: Preferred Brand**	You pay a $126 copay.	You pay a $47 copay.
	Tier 4: Non-Preferred Drugs	You pay 33% of the total cost.	You pay 33% of the total cost.	**Tier 4: Non-Preferred Drugs**	You pay 33% of the total cost.	You pay 33% of the total cost.
	Tier 5: Specialty	Not offered.	You pay 30% of the total cost.	**Tier 5: Specialty**	Not offered.	You pay 29% of the total cost.
	Cost-sharing may change depending on the pharmacy you choose and when you enter another of the four phases of the Part D benefit.			Cost-sharing may change depending on the pharmacy you choose and when you enter another of the four phases of the Part D benefit.		

Counties: King, Pierce, Snohomish, Thurston, and Whatcom		Counties: King, Pierce, Snohomish, and Thurston
PREMERA BLUE CROSS MEDICARE ADVANTAGE ALPINE (HM0)	**PREMERA BLUE CROSS MEDICARE ADVANTAGE CHARTER + Rx (HM0)**	**PREMERA BLUE CROSS MEDICARE ADVANTAGE CLASSIC PLUS (HM0)**
Not applicable	**Coverage Gap**	**Coverage Gap**
	After you enter the Coverage Gap, you pay 25% of the costs of brand name drugs and 37% of the costs of generic drugs until your out-of-pocket costs reach $6,350, which is the end of the Coverage Gap. Not everyone will reach the Coverage Gap.	After you enter the Coverage Gap, you pay 25% of the costs of brand name drugs and 37% of the costs of generic drugs until your out-of-pocket costs reach $6,350, which is the end of the Coverage Gap. Not everyone will reach the Coverage Gap.
	Catastrophic Coverage	**Catastrophic Coverage**
	After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach $6,350, you pay the greater of: • 5% of the cost of the drug, or • $3.60 copay for a generic drug, or a drug that is treated like a generic and $8.95 copay for all other drugs.	After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach $6,350, you pay the greater of: • 5% of the cost of the drug, or • $3.60 copay for a generic drug, or a drug that is treated like a generic and $8.95 copay for all other drugs.

PREMERA | BLUE CROSS
An Independent Licensee of the Blue Cross Blue Shield Association

Discrimination is Against the Law

Premera Blue Cross (Premera) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Premera does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, gender identity, or sexual orientation. Premera provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). Premera provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages. If you need these services, contact the Civil Rights Coordinator. If you believe that Premera has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator ― Complaints and Appeals, Premera Blue Cross Medicare Advantage Plans - Complaints & Appeals, PO Box 262527, Plano, TX 75026, Phone: 888-850-8526, Fax: 800-889-1076, TTY: 711, Email AppealsDepartmentInquiries@Premera.com. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Ave SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Language Assistance

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-850-8526 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 888-850-8526（TTY：711）。

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 888-850-8526 (TTY: 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 888-850-8526 (TTY: 711) 번으로 전화해 주십시오.

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 888-850-8526 (телетайп: 711).

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 888-850-8526 (TTY: 711).

УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 888-850-8526 (телетайп: 711).

ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតឈ្នួល គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ 888-850-8526 (TTY: 711)។

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。888-850-8526（TTY:711）まで、お電話にてご連絡ください。

ማስታወሻ: የሚናገሩት ቋንቋ ኣማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጀተዋል፣ ወደ ሚከተለው ቁጥር ይደውሉ 888-850-8526 (መስማት ለተሳናቸው: 711).

XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 888-850-8526 (TTY: 711).

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 888-850-8526 (رقم هاتف الصم والبكم: 711).

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 888-850-8526 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 888-850-8526 (TTY: 711).

ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 888-850-8526 (TTY: 711).

Premera Blue Cross is an HMO plan with a Medicare contract. Enrollment in Premera Blue Cross depends on renewal.